

WHAT NEXT?

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Once you have completed your devotion, let it become a monthly reminder and your special day to honour the Sacred Heart, the Immaculate Heart or to the Holy Spirit. Renew your consecration and commitment. Great favours are obtained for you because of this.

Furthermore, your Holy Communion, confession, Rosary, meditation and 'Holy Hour' make reparation for the sins of people who may otherwise be lost. It allows the rivers of grace to flow out into the world and capture the lost souls in its currents, where they can be directed to the fountain of mercy that is the Heart of Jesus on the Cross. You have received these graces, now do this for others.

<https://www.carmelite.uk.net/>



Icon of the Immaculate Heart © Leopold Kupelwieser and Diana Ringo, CC BY-SA 4.0 (<https://creativecommons.org/licenses/by-sa/4.0/legalcode>)

1ST SATURDAYS

DEVOTION TO THE IMMACULATE HEART OF MARY

WHAT TO DO

Our Lady promised "to assist at the hour of death, with the graces necessary for salvation, all those who" with the intention of making reparation to her Immaculate Heart. You must on the 5 First Saturdays fulfil:

1. GO TO CONFESSION

Note: Confessions will be available during the priory's penitential service on First Fridays.

2. ATTEND MASS & RECEIVE HOLY COMMUNION

Attend Holy Mass on the first Saturday of five consecutive months.

Note: There will be a votive Holy Mass of the Immaculate Heart of the Blessed Virgin Mary on First Saturdays.

3. PRAY THE ROSARY

Our Lady requests that we pray five (5) decades of the Rosary.

- The Rosary may be recited at any convenient time of the day.
- Individuals may exceed the minimum of five decades of the Rosary.

Note: One Rosary (Five decades) will be recited in the chapel before Holy Mass on First Saturdays.

4. MEDITATION

Keep Our Lady company for fifteen (15) minutes reflecting on the mysteries of the Rosary and Our Lady's call to conversion.

- The fifteen-minute meditation may be made at any time during the day on one or more of the twenty mysteries of the Rosary.
- A sermon for the occasion may be substituted for the meditation. Meditation consists in thinking over the events as if one were present at the happenings mentioned in the mystery, or in considering what one would have done had he or she been present during the event considered in a particular mystery, all in the spirit of reparation to the Immaculate Heart of Mary.

Note: A silent or guided meditation will be observed in the chapel within the hour before Holy Mass on First Saturdays.

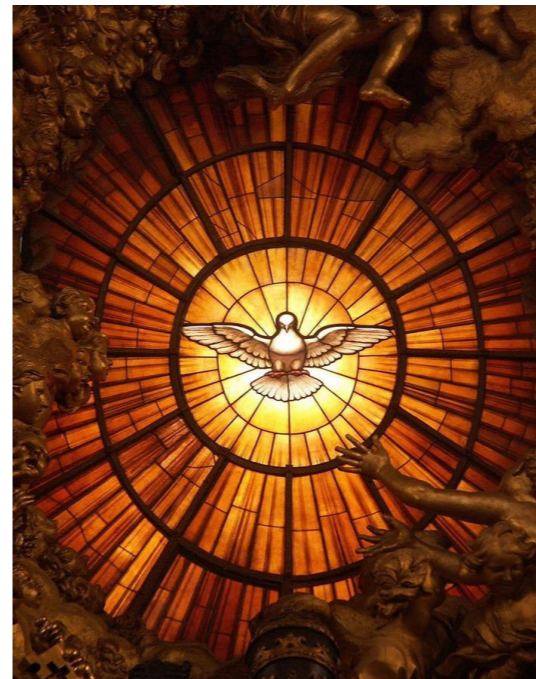
ADDITIONAL WAYS TO GROW IN DEVOTION TO THE IMMACULATE HEART OF MARY

1. Praying an Act of Consecration to the Immaculate Heart.
2. Reciting the Litany of the Blessed Virgin Mary
3. Wearing an image of the Immaculate Heart of Mary, or keeping one near.
4. Wearing the scapular of Our lady of Mount Carmel as a sign of consecration to Mary.

To prepare for and to celebrate feasts related to the Immaculate Heart.

(Saturday after the second Sunday after Pentecost)

COME, HOLY SPIRIT



1ST MONDAYS

DEVOTION TO THE HOLY SPIRIT + THE SOULS IN PURGATORY

St. Josemaria Escriva explains that: "The Holy Spirit performs God's works in the world. He is, as the liturgical hymn sings, the giver of gifts, the light of hearts, the soul's guest, rest in work, and consolation in sorrow. Without his help, there is nothing in man that is innocent and worthy, because it is the Holy Spirit who cleanses what is stained, cures what is sick, enkindles what is cold, straightens what has gone astray, and leads men to the door of salvation and eternal joy" (Christ is Passing By, no. 130).

The Carmelite Mystic, St Mary of Jesus Crucified, received the following from Jesus. "I desire ardently that priests say a monthly Mass in honour of the Holy Spirit; whoever will say it or hear it will be personally favoured by the Holy Spirit; such a one will have light and peace. He will heal the sick; He will wake up those who sleep" (in Buzy, pp. 120).

WHAT TO DO

Read the Acts of the Apostles, learn the gifts of the Holy Spirit & beg the Holy Spirit to make you a saint.

1. ATTEND MASS & RECEIVE HOLY COMMUNION

Note: There will be a votive Holy Mass in honour of the Holy Spirit on First Mondays.

2. PRAY TO THE HOLY SPIRIT

Pray often to the Holy Spirit.

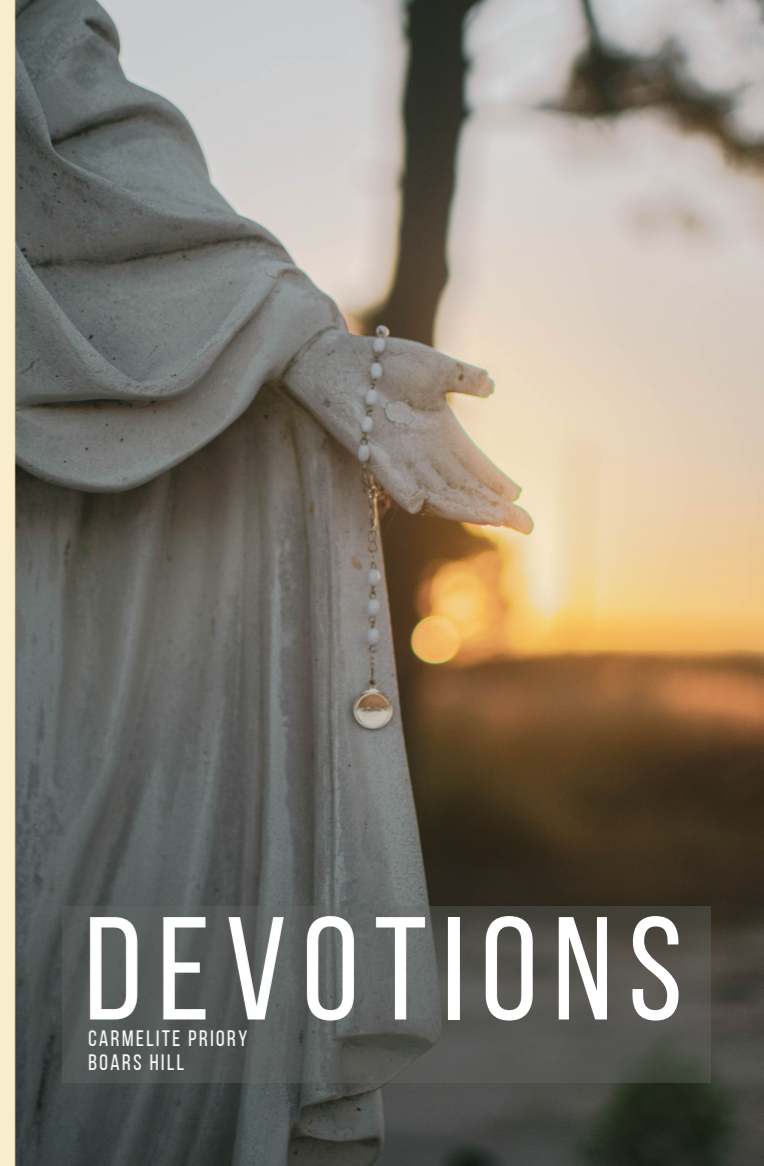
Come, Holy Spirit, fill the hearts of Thy faithful and kindle in them the fire of Thy love. Send forth Thy Spirit and they shall be created. And Thou shalt renew the face of the earth. Let us pray. Amen.

O HOLY GHOST; Divine Spirit of light and love, I consecrate to Thee my understanding, my heart and my will, my whole being, for time and eternity. May my understanding be always submissive to Thy heavenly inspirations and the teachings of the Catholic Church, of which Thou art the Infallible Guide. May my heart be ever inflamed with love of God and of my neighbor. May my will be ever conformed to the Divine will, and may my whole life be a faithful imitation of the life and virtues of our Lord and Saviour Jesus Christ, to Whom, with the Father and Thee, be honor and glory forever. Amen.

Holy Spirit inspire me,
Love of God consume me
Along the true road guide me
Holy Mother Mary, look upon me
With Jesus bless me.
From all evil, all illusion
From all danger preserve me
(St Mariam in Buzy, p. 119)



Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the holy souls in purgatory, for sinners everywhere, for sinners in the universal Church, those in my own home and within my family. Amen. (St. Gertrude)



DEVOTIONS

CARMELITE PRIORY
BOARS HILL

SACRED HEART

IMMACULATE HEART OF MARY

HOLY SPIRIT



IMMACULATE HEART OF MARY

reparation

On 13th July 1917, Our Lady of Fatima spoke of the Communion of Reparation devotion of the Five First Consecutive Saturdays in reparations for offenses against the Immaculate Heart of Mary.

The devotion was revealed by the Blessed Virgin Mary to three children, Francisco, Jacinta and Lucia to whom she appeared six times at Fatima, Portugal from May to October 1917.

Following a vision of Hell granted to the three children, Our Lady said: “You have seen hell, where the souls of poor sinners go. In order to save them, God wishes to establish in the world devotion to my Immaculate Heart.”

The observance of the Five First Saturdays in honour of the Immaculate Heart of Mary is intended to make reparation to it for the sins of mankind.

HOLY SPIRIT

consecration

In our Catholic tradition, Mondays are devoted to the Holy Spirit, and the souls in Purgatory.

Monday's can be a challenging day but with this devotion, we can begin the working week with peace and the wisdom from the Third Person of the Trinity.

We ask the Holy Spirit to work through us and remind us we are instruments of His action. We enter the secular world full of hope!



DEVOTION TO THE SACRED HEART



Jesus told St. Margaret Mary of His great love for souls and His desire to shower His mercy on those who were devoted to Him. He revealed several promises for those who lovingly practiced the First Friday devotion.

WHAT TO DO

To meet the requirements given by Our Lord for the First Friday Devotion, a person must on each First Friday for nine consecutive months:

All must be done in a spirit of reparation

1.GO TO CONFESSION

Avail yourself for confession on the first Friday itself or within eight (8) days before or eight (8) days after the first Friday.

- A single sacramental confession suffices for gaining several plenary indulgences, but Communion must be received and prayers for the Pope's intentions recited for the gaining of each plenary indulgence.
- The condition of praying for the Pope's intentions is fully satisfied by reciting one "Our Father" and one "Hail Mary"; nevertheless, the individual faithful are free to recite any other prayer according to their own piety and devotion toward the Supreme Pontiff.

(cf. Pope Paul VI, *Indulgentiarum Doctrina*, n. 9-10).

Note: Confessions will be available during the priory's penitential service on First Fridays.

2. ATTEND MASS & RECEIVE HOLY COMMUNION

Attend Holy Mass on the first Friday of nine consecutive months and be made in the honour of His Sacred Heart.

- “Receiving Holy Communion requires being in a state of grace and “abstaining from food and drink, with the exception of water and medicine, for at least the period of one hour before Holy Communion.” (cf. Canon 919).
- “Those who are advanced in age or who suffer from any infirmity, as well as those who care for them, can receive the Most Holy Eucharist even if they have taken something during the previous hour.”

Note: There will be a votive Holy Mass of the Sacred Heart of Jesus on the First Fridays.

3. MAKING A 'HOLY HOUR'

Making a 'Holy Hour' (Adoration) before the blessed Sacrament is one way to satisfy the elements of Consecration and Reparation.

Consecration by which we adore and entrust ourselves completely to Christ's kingship. Reparation by which we keep Him company for one hour just as He had requested of Peter in His hour of desolation. Jesus wants us to rest on his heart, like St. John.

Note: There is Exposition of the Blessed Sacrament in the priory's schedule on Saturdays at 6PM.

OUR LORD PROMISES

At the centre of the revelations received by St Margaret Mary are twelve promises made to her by Jesus for souls who are devoted to His Sacred Heart.

- 1.He will give them all the graces necessary in their state of life.
- 2.He will establish peace in their homes.
- 3.He will comfort them in all their afflictions.
- 4.He will be their secure refuge during life, and above all, in death.
- 5.He will bestow abundant blessings upon all their undertakings.
- 6.Sinners will find in His Heart the source and infinite ocean of mercy.
- 7.Lukewarm souls shall become fervent.
- 8.Fervent souls shall quickly mount to high perfection.
- 9.He will bless every place in which an image of His Heart is exposed and honoured.
- 10.He will give to priests the gift of touching the most hardened hearts.
- 11.Those who shall promote this devotion shall have their names written in His Heart.
- 12.In the excessive mercy of His Heart, that His all-powerful love will grant to all those who receive Holy Communion on the First Fridays in nine consecutive months the grace of final perseverance; they shall not die in His disgrace, nor without receiving the sacraments. His divine Heart shall be their safe refuge in this last moment.

ADDITIONAL WAYS TO GROW IN DEVOTION TO THE MOST SACRED HEART

- 1.Devotion to the Sacred Heart is designed to inspire imitation
- 2.Images of the Sacred Heart
- 3.Eucharistic Adoration & Visits to the Blessed Sacrament
- 4.Enthronement of the Sacred Heart of Jesus
- 5.Act of Consecration to the Sacred Heart
- 6.Litany of the Sacred Heart of Jesus
- 7.Novena to the Sacred Heart
- 8.Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys, and sufferings of this day in union with the Holy Sacrifice of the Mass throughout the world. I offer them for all the intentions of Your Sacred Heart: for the salvation of souls, the reparation for sins, the reunion of all Christians, I offer them for the intentions of our bishops and of all Apostles of Prayer and in particular for those recommended by our Holy Father this month.

THE SACRED HEART AND THE IMMACULATE HEART OF MARY

Devotion to the Immaculate Heart of Mary developed alongside devotion to the Sacred Heart of Jesus. The heart of Mary mirrors the heart of Jesus both in great love and in His suffering.

We want to mirror the heart and mind of God and love as He loves. We begin to see how much God is offended by the sins of the world. Then, with such love joined to such a horror of sin, we will want to make reparation for our sins and the sins of others.

Jesus and Mary, make our hearts like yours!