



Working as a voluntary Spiritual Director for CACS Guidelines

CACS welcomes graduates from their Spiritual Direction Formation course volunteering to work as spiritual directors for CACS. A timeline for this has been put in place and the criteria volunteers must meet.

Training

Volunteers will need to have graduated as a Spiritual Director with CACS or hold a qualification from another spiritual direction training organization and have a deep knowledge and love of Carmel; such as secular Carmelites who have trained in a different spiritual direction tradition but have a deep knowledge and love of Carmel.

Volunteers should undertake at least one training/retreat a year to ensure ongoing formation as a Spiritual Director.

Safeguarding

Volunteers must undertake a level 2/leadership in safeguarding with CACS before they begin their Spiritual direction volunteer role.

DBS

Volunteers will need to undertake a DBS check through CACS. Full details of how to do this are contained on our website under safeguarding. Two booklets provide guidance on this. It also contains who in our team to contact for you to do this.

Police Checks

Guidance on police checks are given for those living outside England and Wales in our DBS guide. These checks must be initiated by the volunteer but our DBS lead, Fr. Bartholomew, OCD, informed you are doing this.

Insurance

When working as a volunteer for CACS as a spiritual director you are covered by CACS insurance.

Supervision

CACS will provide one to one or group supervision for all volunteers working for them by accredited supervisors in CACS. Those trained or experienced in supervision and wishing to volunteer in this should contact the email at the end of this guide.

Benefits

Volunteers will have free access to ongoing training and events within the Carmel contemplative circle.

If you wish to volunteer please email: admin@carmelite.org.uk