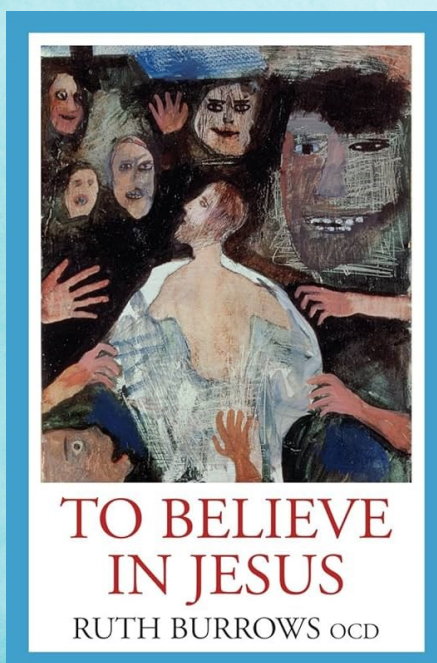


Immerse yourself in the transformative graces of Lent by participating in the CACS Online Lent Book Club. Over six weekly sessions, we will discuss together **To Believe in Jesus** by Ruth Burrows. This book explores what faith in Jesus really means and how it can grow and flower through our everyday lives. It was written particularly for lay people, though Christians in any situation will benefit from its rich spiritual insights.

*The sessions will run for one hour and include time for prayer, discussion and listening. Questions for reflection will be provided in advance of each session. What a great way to journey through Lent in the Year of Prayer!*



## To believe in Jesus

*by Ruth Burrows*

February 17th, February 24th,  
March 2nd, March 9th, March 16th  
and March 23rd, 2pm UK time

*Dr Michelle Jones*

*Michelle is a consecrated woman and lives a contemplative life of prayer in rural WA in affiliation with the Carmelite Monastery of Quidenham (UK). She received her Doctorate in Theology and a Licentiate in Spiritual Theology from the Pontifical University of St Thomas Aquinas (the Angelicum) in Rome. She also has a Master of Theology from the University of Notre Dame, Australia, where she previously worked as a lecturer. Michelle specialises in Spirituality, with a particular focus on Carmelite Spirituality for which she has a special love.*

